

Sing!

Singing to your children is very important, and it doesn't matter if you sing in English or another language. Children love being sung to by their parents, and it helps to trigger their speech development.



Make Everyday Routines a Singing Opportunity!

A song during bath time turns washing into a game.

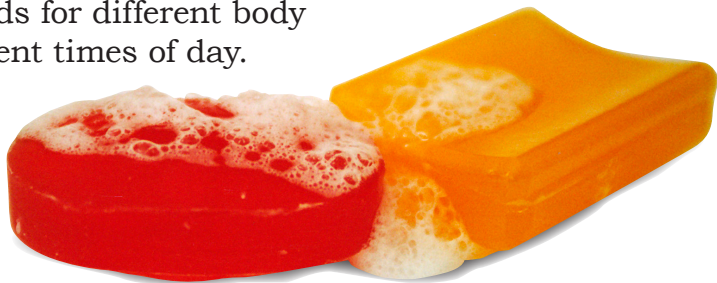
This is the way we wash our feet,

Wash our feet, wash our feet.

This is the way we wash our feet,

So early in the morning.

Change the words for different body parts and different times of day.



Sing!

Singing with your children is one way to help them hear the smaller sounds in words, especially if there is a different note for each syllable. Learning to hear the parts of words will later help them with reading.



London Bridge

In London Bridge, both stepping and then tapping to the beat encourages children to listen for the syllables and make a physical connection.

London Bridge is falling down (step in time to the beat)

Falling down, falling down. (continue stepping in time to the beat)

London Bridge is falling down, my fair lady.

(squat on “down” then stand back up for the next verse)

Build it up with stone so strong,

(Make two fists. Move fist over fist, tapping one on top of the other for each syllable)

Stone so strong, stone so strong.

Build it up with stone so strong, my fair lady.



Sing!

Rhymes and songs that involve sequencing and memory can help children prepare for school. In addition to having fun, children learn physical movements which are important for gross motor skills and muscle control.



Jack in the Box

For this Jack in the Box rhyme, children can pretend to climb into a box and shut the lid. It's very dark inside! Turn the handle and begin reciting the rhyme. On the last line; pop up out of the box.

Jack in the box

Sitting so still...

Won't you come out?

Yes, I will!



Sing!

Songs help teach children how things work, which is the type of general knowledge they need to be ready for school.



The Wheels on the Bus

*The wheels on the bus go round and round,
(roll hands around each other)*

Round and round,

Round and round.

The wheels on the bus go round and round,

All through the town.

More verses:

The wipers go swish, swish, swish

The horn goes beep, beep, beep

The doors go open and shut



Sing!

It's fun for children to learn about new topics. Make it easy by singing songs about everyday experiences, body parts, and senses. Songs help children make sense of their world and expand their knowledge.



Pitter-Patter, Pitter-Patter

As you sing this rhyme, “sprinkle” your fingers lightly down your child’s body to imitate the rain splashing off a window. Then tap or clap the next lines.

Pitter-patter, pitter-patter, listen to the rain.

Pitter-patter, pitter-patter, on my windowpane.

Dropping, dropping, dropping, dropping,

Dropping to the ground.

Dropping, dropping, dropping, dropping,

Hear its pretty sound.

